fld<T úYaj úoHd,fha Y%S md,s uKavmfha Ydia;%fõ oS úfYaI Wmdêh ^ckudOH& i|yd lrKq ,nk lafIa;% iñlaIKh

^fuu m%YaKdj,sh u.ska ,nd .kakd o;a; yqfola wOHdmksl lreKla fjkqfjkau fhdod .kakd nj i|yka lrñ¡&

.Dy m%pKav;ajh we;s lsßu flfrys mqrefIda;a;ujdoh l%shd;aul ùfï oS rEmjdysks udOH yeisßfï iajrEmh ms<sn| ú.%yhla ^;Ku,aú, m%dfoaYSh f,alï fldÜGdYfha fldgfjfyruxlv jiu wdY%S;j&

1¡ku : ………………………………………………………………………………….

2¡jhi : wjq: 25 - 35

wjq: 36 - 45

wjq: 46 - 55

wjq: 56 – 65

wjq: 66 - 75

wjq:76 – 85

3¡ /lshdj : f.dú;ek

jHdmdßl

rdcHh

fm!oa.,sl wxYh

/lshdjla fkdue;s

4¡ ia;%s / mqreI Ndjh : ia;%s mqreI

5¡ újdyl /wújdyl nj : újdyl wújdyl

6¡ wOHdmk uÜgu : lsisod mdi,a fkd.sh

m%d:ñl wOHdmkh olajd

w: fmd: i: ^ id:fm< & olajd

w: fmd: i: ^ W:fm< & olajd

WmdêOdß

Wmdê wfmlaIl

7¡ Tn rEmjdysks fg,skdgH krTkjdo@ Tõ ke;

8¡ Tn rEmjdysks fg,skdgH krTkafka flfiao@ oskm;d

läka lv

9¡Tn jeämqru krUk rEmjdysks kd,sldj@ iajdêk rEmjdysks fiajh

ysrekd,sldj áú kd,sldj

10¡ iajdêk rEmjdysks fiajfha Tn jeämqru krTk fg,skdgH Tfí leue;a; wkqj wxl ms<sj,ska olajkak

yq<xf.or

i|yex.s,d

..k mshjr

ydÜ CART

ñkq

11¡ ysre áú kd,sldfõ Tn jeämqru krTk fg,skdgH Tfí leue;a; wkqj wxl ms<sj,ska olajkak

uyúre mKavq

osú;=rd

/,a, fjr,g wdofrhs

<x ù

rEud

12¡ Tn rEmjdysks fg,skdgH krTkjd kï ta

mqreoaola f,i

ys;du;du

hï wfhl=f.aa n,mEula u;

ojif.jd .ekSug

úfõlhla ,nd .ekSug

13¡Tn fndfyda úg fg,skdgH kerôug leu;s jkafka

rdcH rEmjdysks kd,sldj,

fm!oa.,sl rEmjdysks kd,sldj,

14¡ rEmjdysks fg,skdgH kerôfuka Tn n,dfmdfrd;a;= jkafka

udkisl ;Dma;shla

w;aoElSula

iudc yeisßï ms<sn| wjfndaOhla

fmkajk o¾Yk wkqlrKh lsßula

o¾Yk csú;hg ldjoaojd .ekSula

15¡ rEmjdysks fg,skdgH kerôfuka Tn tajd wkqlrKh lr ksji ;=< uqodyßkjdo@

Tõ ke;

16¡ ksjfia .Dy uq,slhd jk mqreIhdf.a m%pKav;ajhg Tn ,laj ;sfío@

Tõ ke;

17¡rEmjdysks fg,skdgHkays we;s m%pKav;ajh wkqlrKh lrkjdo@

Tõ ke;

tfia m%ldY lsßug fya;=j

........................................................................................................................................................................................................................................................................................................................

18. rEmjdysks fg,skdgH kerôfuka Tfí cSú;fha is;=ï me;=ï j, fjkila isÿ ù ;sfío@

Tõ ke;

19¡Tng yef.k wdldrhg rEmjdysks fg,skdgH u.ska fmkajk m%pKav;ajh ksidfjka .Dyh ;=< isÿ jk n,mEu

by< hhs

hï m%udKhla by< hhs

my< nis

isÿ fkdfõ

20¡ fg,skdgH kerôu ;=<ska Tnf.a ksji ;=< .Dyia: m%pKav;ajh isÿjkjdo@

Tõ ke;

21¡ fg,skdgH kerôfuka .Dyh ;=< isÿ jk m%pKav n,mEï ljf¾o@

nek jeoSu

myroSu

udkisl ysxikh

,sx.sl wvkaf;aÜgï

;=jd, isÿ lsßu

fjk;a

22¡ j¾;udk rEmjdysks fg,skdgHka ms<sn|j Tfí woyi l=ulao@

………………………….............................................................................................................................................................................................................................................................................................................................................................................................................................................

Tn oelajq iyfhda.hg ia;=;shs¡